

The Commission is not verifying any original documents for admission of the candidates to the examinations. The candidates are admitted to the examination provisionally based on the information submitted by them alongwith declaration. The originals are to be verified by the appointing authority concerned for validation of the candidature before issue of appointment order. Hence the candidature shall remain provisional till validation by the appointing authority.

10. Plan of Examination

The recruitment process shall consist of the following stages:

I	Physical Standard Measurement	05 Marks
II	Physical Efficiency Test	30 Marks
III	Sports	10 Marks
IV	NCC	05 Marks
V	Written Test	50 marks
TOTAL		100 marks

I. Physical Standard Measurement Test

- a) All eligible candidates shall have to appear the physical standard measurement tests before the **District Level Physical Test Board** constituted for the purpose in their **respective districts for which they have given their choices in the application**. Those who do not qualify in any of the physical standard test, i.e., height/weight/chest measurement shall not be allowed to appear in further recruitment process.

The candidates must possess the following minimum physical standard of height, weight and chest:

Category		Height	Weight	Chest	
				Unexpanded	Expanded
Men	UR / SEBC/SC	168cm	55kg	81cm	86cm
	ST	158cm	50kg	81cm	86cm
Women	UR/SEBC/SC/ST	153cm	45 kg	-	-

- b) The candidates shall be examined by the Chief Medical Officer of the District to testify that they possess sound health and general physical fitness for outdoor work in Forest and Environment Department.

II. (A) Physical Standard (05 Marks)

The bonus mark will be awarded to all categories as per their height (in cm) as follows, namely:-

Men	UR/ SEBC/ SC	168 cm 0 marks	169-170 1 mark	171-173 2 marks	174-176 3 marks	177-179 4 marks	180 and above 5 marks
	ST	158 0 mark	159-160 1 mark	161-163 2 marks	164-166 3 marks	167-169 4 marks	170 & above 5 marks
Women	UR/ SEBC/ SC/ ST	153 0 mark	154-155 1 mark	156-158 2 marks	159-161 3 marks	162-164 4 marks	165 and above 5 marks

B- Sports (10 marks):-

Candidates possessing sports and Athletics Certificate shall be awarded marks, in the following manner, namely:

- i) Representing the Country and participating in a competitive International Sports meet/ Championship and winning medal.
 - a) For a Gold medal (or first position) = 10 marks
 - b) For a Silver medal (or second position) = 09 marks.
 - c) For a Bronze medal (or third position) = 08 marks
- ii) Representing the State and participating in a competitive in open National Championship and winning medal.
 - a) For a Gold medal (or first position) = 08 marks.
 - b) For a Silver medal (or second position) = 07 marks.
 - c) For a Bronze medal (or third position) = 06 marks.
- iii) Representing the State and participating in open National Championship without medal = 05 marks.
- iv) Representing the District / Circle in Junior / Senior / Inter- District meet in State Level Sports = 04 marks.
- v) Sports achievement in the discipline other than 26 listed below shall not be considered for award of marks.

i	Athletics	x	Football	xix	Rowing
ii	Archery	xi	Gymnastics	xx	Shooting
iii	Badminton	xii	Hockey	xxi	Swimming
iv	Basket ball	xiii	Judo	xxii	Table Tennis
v	Body building	xiv	Kabaddi	xxiii	Tae Kwon Do
vi	Boxing	xv	Karate Do	xxiv	Volley ball

vii	Cricket	xvi	Kayaking & Canoeing	xxv	Weight lifting
viii	Cycling	xvii	Lawn Tennis	xxvi	Wrestling
ix	Equestrian	xviii	Power Lifting		

C- Physical Efficiency Test – (30 marks): The candidate qualifying in the following physical tests shall be allowed to subsequent written test.

i) Male Candidate (Total Marks 30)

a	Walking Test (10 marks)- Qualifying distance 25 kms	
	Within 2.30 hours.	10 marks
	Between 2.31 to 3.00 hours	07 marks
	Between 3.01 to 3.30 hours	04 marks
	Between 3.31 to 4.00 hours.	02 marks
	Beyond 4.00 hours	Disqualify
b	Cycling Test (05 marks) – Qualifying distance 1.6 kms	
	Within 3 mins.	05 marks
	Within 4 mins.	04 marks
	Within 5 mins.	03 marks
	Within 6 mins.	01 marks
	Beyond 6 mins.	Disqualify
c	High Jump (05 marks) – Qualifying height- 1.22 mtrs.	
	If cleared in First chance	05 marks
	If cleared in Second chance	03 marks
	If cleared in third chance	02 marks
d	Broad Jump (05 marks) - Qualifying length- 3.66 mtrs.	
	If cleared in First chance	05 marks
	If cleared in Second chance	03 marks
	If cleared in third chance	02 marks
e	Rope climbing (05 marks) - Qualifying height- 6 mtrs.	
	If cleared in first chance	05 marks
	If cleared in second chance	03 marks
	If cleared in third chance	02 marks
f	Swimming- Qualifying length 40 mtrs.	

	Distance covered within 8 mins- qualifying Otherwise participants will be disqualified	
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ii) Female Candidate (Total Marks 30)

a	Walking Test (10 marks)- Qualifying distance 16 Kms	
	Within 2.30 hrs.	10 marks
	Between 2.31 to 3.00 hrs	07 marks
	Between 3.01 to 3.30 hrs	04 marks
	Between 3.31 to 4.00 hrs.	02 marks
	Beyond 4.00 hrs	Disqualify
b	Cycling Test (06 marks) – Qualifying distance 1.6 Kms	
	Within 5 mins.	06 marks
	Within 6 mins.	04 marks
	Within 7 mins.	03 marks
	Within 10 mins.	01 marks
	Beyond 10 mins.	Disqualify
c	High Jump (07 marks) – Qualifying height- 1.00 mtrs.	
	If cleared in First chance	07 marks
	If cleared in Second chance	04 marks
	If cleared in third chance	03 marks
d	Broad Jump (07 marks) - Qualifying length- 2.75 mtrs.	
	If cleared in First chance	07 marks
	If cleared in Second chance	04 marks
	If cleared in third chance	03 marks
f	Swimming- Qualifying length 40 mtrs.	
	Distance covered within 10 mins- qualifying otherwise participants will be disqualified	

NOTE :- If a candidate fails to qualify in any of the above events, he/she shall be disqualified and shall not be allowed to participate in the subsequent tests or recruitment process.

D- N.C.C. (05 marks) :-

The bonus mark will be awarded to the candidates as follows: -

National Cadet Corps "C" certificate – 5 Marks

National Cadet Corps "B" certificate – 3 Marks

National Cadet Corps "A" certificate – 2 Marks

III . Written Test :-

The candidate who qualify in the Physical Standard Measurement and Physical Efficiency Test shall appear in a Written Test of 50 marks as follows;

Paper	Subjects	Full Marks	No. of Questions(@0.5 marks each)	Duration
In OMR system with Multiple Choice Questions	Arithmetic	20	40	2 hours in one sitting
	General Knowledge	10	20	
	Translation from Odia to English	05	10	
	Re-translation from English to Odia	05	10	
	Basic Computer Knowledge	10	20	
	Total	50 Marks	100	

The questions shall be of HSC standard, objective type with multiple choice questions (MCQ) under OMR system. The written test shall be conducted on the same date and time in the district headquarters all over the State.

II. Select List

The provisional Merit list and Select list of successful candidates shall be prepared separately district wise /division wise / appointing authority wise, category wise in order of merit on the basis of sum total of marks secured by the candidates in the Physical Standard Measurement, Physical Efficiency Test, Sports achievements, NCC, Written Test as per rules and the marks awarded for contractual work experience, if any, as per Odisha Group-C & D posts (Contractual Appointment) Rules- 2013. This list after being approved by the appointing authority shall form the Select List.

12. Results :-

The results will be published in due course in the Commission's website.

By Order of the Commission


Secretary
28/11/19